



Dr Dale Harrison

Specialist Ophthalmologist

INSTRUCTIONS FOLLOWING LASIK EYE SURGERY

- Please start taking the Antibiotic eye drops on the day of your surgery
- Remember to bring the Antibiotic eye drops along with you on the day of your surgery
- Do not wear make-up on the day of your surgery and for 5 days after

THE FIRST 24 HOURS:

- **PLEASE DO NOT RUB YOUR EYES OR SQUEEZE YOUR EYES SHUT!**
- Try to close your eyes for 2 hours after the surgery. This encourages healing and minimises any discomfort you may experience. Your eyes will burn, scratch and water, but should not be painful.
- If your eyes are PAINFUL, please contact Dr Harrison.
- Use both sets of eye drops in your operated eye(s) 4 times a day, after the surgery. The eye drops are very important as they prevent infection and aid the healing of your eye.
- Remove the eye shield the morning after your surgery, but sleep with it on for the first 3 nights.
- Do not get water in your eyes for 1 week after surgery.
- Your vision will be blurred immediately after the surgery.
- Dr Harrison will see you the next day-check your appointment card.

THE NEXT FEW WEEKS:

- **PLEASE DO NOT RUB YOUR EYES!**
- Use both sets of eye drops into the operated eye(s), 1 drop 4 times a day for one week, unless Dr Harrison instructs you to continue longer.
- Use the artificial tears provided as often as you like.
- Do not get water into the eyes.
- Do not swim for 7 days after surgery.
- You should be able to return to work within 1 day, but you may experience headaches if you do a lot of reading. This will not damage your eyes.
- Your eyes may be very sensitive to light, so use sunglasses when outdoors.
- Please ask Dr Harrison about when you can start doing your sports or other activities again.
- If your vision deteriorates or you experience significant pain, you must contact Dr Harrison as soon as possible.

It is normal for your vision to fluctuate during the day; this is the tear film drying up: use lubricants